

Jeremiah 20: 10-13

How often do we struggle to keep God in mind when we are in adversity?

There are occasions when it almost seems as though a plaintive cry to God is our only option, often our last one. Yet, as the prophet Jeremiah reminds us today, the Lord is with us. We must be honest with ourselves when we are pressed – do we only turn to the Lord in times of trouble, or has he been on our minds and hearts throughout our days, both good and bad? The one thing our enemy is waiting for us to do is to forget God and strike out for ourselves. This is emphatically something we should not do. So why does it happen so often, that we forget God and only turn to him in trouble? Please consider carefully your prayer life and what more you can do to be close to God in prayer.

Praying for Vocations

In praying for vocations, we should first remember that we are all called by God: in our baptism, he called us once for all into the eternal life of his Son Jesus, and into the family of his Church. So, all of us should ask 'Lord, who do you want me to be', and we should echo the words of the prophet Isaiah: 'Here I am, send me'. Within the Body of Christ, there are many different vocations, as St. Paul often reminds us, and none are less important or valuable than others. There are those whom God calls to the Religious Life and those to serve His people in the ordained ministries of deacon, priest and bishop. For priests, and bishops, this involves the privilege and responsibility of celebrating Mass: feeding Christ's people with His Body and Blood. So, there is no better place to pray for vocations than during Mass.

Sunday 21st June 2026

Trinity 3

Gospel: Matt 10: 24 – 39



In today's Gospel the Lord Jesus urges the Church not to fear. It is a message that the Saviour often speaks, and the whole of the biblical revelation says the same. Fear is pervasive; we feel it in every place, at every time, and in every human heart. Where does it come from? Today's Gospel gives us the answer: fear comes from an over-awareness of our mortality. We all die; we are transient and transitory, and that is what frightens us most. The world is as we are: empires – with their philosophies and political systems – rise and fall. Nothing is constant.

The Lord summons us to fearlessness. We Christians must be different precisely because we believe that our life is fundamentally different because of the uniqueness of Christ and the 'new life' we have received in Him. Our life of faith, the sacraments, the sacred liturgy, our communion in the Holy Spirit: all of this has connected us to the 'Life' that transcends 'life'. We are rooted to God, who alone has power over both the body and the soul. The only 'fear' we should have is 'the fear of the Lord' – that is, wonder and reverence at the source of our lives.